



NTSGNA ELECTION

Dear NTSGNA Members,

I'm excited to announce that we have two outstanding candidates running for the position of President-Elect of the North Texas SGNA. Please take a few moments to review each candidate's bio and statements. An email will be sent to all NTSGNA voting members in December to cast votes.

Thank you for your time, engagement, and continued support. Together, we'll continue to grow and strengthen our GI community.

Warm regards,
Elizabeth Godly, BSN, RN, CGRN
President NTSGNA 2025



Meron Gulilat, BSN, RN, CGRN

Education, Experience, & Qualification

- Bachelor of Arts in Sociology and Social Anthropology, Bachelor of Science in Nursing, & currently pursuing the MSN Nursing Administration program with anticipated graduation in May 2026, which will further enhance my ability to contribute strategically to our society's mission and growth.
- In my current and previous roles, I have led several impactful initiatives that have advanced GI nursing practices in our region. I created the first GI Nurse Residency Program at Methodist Dallas Hospital, a one-year program that served as a model for structured onboarding and skill development—the first of its kind in the Dallas metroplex area. In addition, I successfully led the process of ASGE Endoscopy Unit

Recognition Program (EURP) certification for the GI Lab at Methodist Richardson, which required comprehensive data collection, performance evaluation, and demonstrating compliance with ASGE standards. These initiatives demonstrate my dedication to quality, professional development, and excellence in GI nursing. demonstrate my dedication to quality, professional development

Committed to Growth, Excellence, and Teamwork

- I have been a member of SGNA for over 10 years and have proudly served on the North Texas SGNA Board of Directors for over five years, including two years as Secretary. I have attended national SGNA conferences, SGNA leadership conference, Northwest Interventional GI conference, GI & Liver Associates conferences, and participated in the intense training from ASGE on Improving Quality & Safety in the Endoscopy Unit, which gave me an opportunity to be a member of ASGE. In addition, during my last 10 years in the GI specialty, I grew in my roles from staff nurse to Nurse Clinical Coordinator with the anticipation of taking a higher leadership position by May 2026. My role as a leader in my unit provided many opportunities to participate in leadership training and conferences to make me a better leader. These experiences and training have provided me with valuable insight into the governance, collaboration, and leadership that drive our regional society forward.
- I have been deeply engaged in advancing GI nursing excellence and have served in GI leadership roles for the past eight years, including mentoring numerous GI nurses, among them our current President-Elect, Amber Hart; recruiting numerous nurses & technicians to be active participants in the regional GI society. As one of our directors initiated, supported by all board members, and working with Dallas College to start the first one-year GI technicians certification program, I am excited to fully support and push forward her vision for the success of our hard-working GI technicians.
- I am passionate about advancing the goals of our organization through education, mentorship, and collaboration. I believe my background, leadership experience, and upcoming academic achievement uniquely position me to contribute meaningfully as President-Elect and, ultimately, as President in 2027.



Maureen Silvestre BSN, RN, CGRN

Employment

- Texas Health Frisco Circulating Nurse / GI Lab RN, August 2021- Present.
- AYA Healthcare Travel Agency Travel Nurse for OR and GI Lab, January 2022 – December 2022
- Medical City Plano, Circulating Nurse / OR and GI Lab, December 2018 – August 2020
- Texoma Medical Center, Circulating Nurse/ OR Endoscopy RN, June 2016- December 2018
- Angels of Care, Dallas Pediatric Home Health RN, March 2016 –July 2016
- Nordstrom Personal Stylist/ Merchandise and Fashion Buyer, 2012-2014

- GE Philippines Accounting/ Regional Sales Coordinator, 2002 -2004
- Honda Philippines Accounting/ Regional Sales Supervisor, 2001- 2002

Education

- Master of Science in Nursing – Nurse Practitioner Program, University of Texas Arlington, Arlington, Texas, Anticipated Graduation December 2026
- Bachelor of Science in Nursing, December 2019, University of Texas Arlington, Arlington, Texas
- Associate Degree in Nursing, December 2016, Collin College Central Campus, McKinney, TX
- Medical Billing Certification Continuing Education, January 2012, Collin College, Plano, TX
- Bachelor of Science in Business Administration, Major in Management and Accountancy, Banking and Finance, April 2001

Licensures and Certification

- Registered Nurse: Texas Board of Nursing, License # 917320
- Certified Gastroenterologist Registered Nurse (CGRN)

SGNA Involvement

North Texas SGNA - Secretary 2025-2026

North Texas SGNA - Board Director – 2020-2024

My journey in healthcare is both professional and deeply personal. As a kidney transplant recipient and proud mother of a two-year-old miracle daughter, I carry a profound sense of gratitude and purpose that fuels my dedication to life, service, and patient care. Only seven weeks after my transplant, I returned to work—driven by an unwavering commitment to my patients and my love for gastroenterology nursing. My resilience as both a nurse and transplant survivor has shaped the empathy, strength, and leadership I bring to this profession. I aspire to lead NTSGNA with heart, integrity, and collaboration—empowering every member to grow, learn, and thrive in the ever-evolving field of gastroenterology. Before entering nursing, I earned a bachelor's degree in business administration and am currently pursuing my Master of Science in Nursing – Nurse Practitioner degree. This academic foundation allows me to blend clinical expertise with analytical and organizational insight—skills vital to advancing the mission and sustainability of NTSGNA. Currently, I serve as a GI nurse at Texas Health Frisco, where I promote excellence in endoscopic practice, teamwork, and professional certification. I was the first CGRN in my department and have since inspired several colleagues to pursue certification. I also introduced our GI technicians to NTSGNA, guided them toward membership and certification, and encouraged engagement with the latest GI innovations. Beyond my nursing peers, I mentor endoscopy technicians and ancillary staff, sharing how I completed nursing school without student loans and helping others find affordable educational pathways. These efforts have inspired several to pursue degrees and certifications. As an active NTSGNA member and current Secretary, I've participated in regional and national conferences, deepening my leadership and clinical knowledge. My philosophy centers on service, integrity, and advocacy—fostering a culture where every member feels valued, supported, and inspired to lead. If elected, I will strengthen membership, advance education, expand outreach, and cultivate future leaders through collaboration, mentorship, and continuity.



Try email marketing for free today!